# WINNIPEG C NEWS WORTH SHARING.



Disney releases new details

PAGE 24







#### **JETS CAN'T TAME PANTHERS**

The Winnipeg Jets' Jacob Trouba wrestles the Florida Panthers' Jimmy Hayes away from the net Thursday in Sunrise, Fla. The jets lost 4-2. Story, page 28. J PAT CARTER/THE ASSOCIATED PRESS

# AHL returns to Winnipeg

MTS Centre. No word on how schedule will affect concerts, events



ELISHA DACEY

The AHL is coming back to Winnipeg four seasons after being moved to make way for the Jets.

True North Sports and Entertainment made the announcement late Thursday afternoon that they are moving their Winnipeg Jets-affiliated American Hockey League franchise back to the MTS Centre from St. John's, NL in time for the 2015-16 season.

Winnipeg Jets General Manager Kevin Cheveldayoff said the move, which came the same day the AHL announced several team switcheroos, had as much to do with geography as anything else.

"We've made no secret about it, we've been looking to find a solution... to balance the call up time, the lead time, the sheer travel distance between St. John's (and Winnipeg).

"In our 'draft and develop' model, this is a crucial step."

Cheveldayoff said there would be more announcements about how the team will be run, including if they will go back to their former name, the Manitoba Moose. However, nothing has been decided, he said.

Cheveldayoff said the current plan is to stay for more than one season. "It could be something that's here for a while, but we'll evaluate that as we go."

Scheduling the two teams around each other and music events won't be as big a challenge as some might think, he added.

"There's been a lot of due diligence been done on (scheduling)... I can't really speak for the concert business, I can't really speak for how those two things will intertwine."

However, he pointed out the AHL schedule is done later than the NHL schedule, so games will be scheduled around the Winnipeg Jets' ice time.



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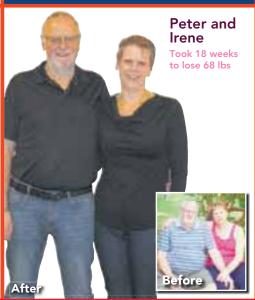
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# Councillor defends proposed tax reduction for businesses

**Budget.** Coun. Morantz says the city needs to encourage growth and the creation of jobs



Homeowners aren't carrying a heavier burden than businesses when it comes to municipal taxes, said the city's finance chairman in response to a colleague's criticism of the business tax reduction.

Coun. Marty Morantz said the 0.1-per-cent decrease in the business tax in the city's 2015 budget, to 5.6 from 5.7, makes economic sense.

"We need to be encouraging small businesses to grow and to hire more people," Morantz said after Thursday's finance committee meeting.

"In business, any expense in business is essentially passed through somehow to consumers, through the cost of those goods."

Coun. Ross Eadie has held two press conferences critical of the budget's frontage levy hike and the business tax reduction.

Eadie argues that the frontage levy increase — to \$4.35 per frontage foot from \$3.75 — is unfair to homes in low-income areas because it doesn't take into account the value of the house on that land.

As for the business tax, Eadie believes business owners would prefer to keep



the tax as is, before cutting beautification projects, such as flower planting along image routes, or pool hours.

While Eadie makes "good points," Morantz said "on the business tax, I certainly disagree with him."

Morantz participated in his first town hall meeting as finance chairman when he was invited to Coun. Brian Mayes' event on the 2015 budget Wednesday evening.

"There were some very good questions that came from the audience," he said.

"We went through the whole budget presentation

Finance committee

### Million-dollar difference

Coun. Marty Morantz asked a million-dollar question during the finance committee meeting on the Winnipeg Police HQ project.

Morantz said that based on the city's report, he

and I think once people saw

the totality of the budget and

tabulated two price tags for the project: \$209.8 million and \$210.8 million a difference of \$1 million.

"I always look at the math and something jumped out at me, so I'm sure they'll get back to me and give me a better explanation as to the million-dollar question," Morantz said after the

all of the decision-making around it, and why we made meeting.

The committee also heard that testing on three high-voltage transformers is expected to take place shortly.

These transformers were damaged during an August 2014 rainstorm that caused the movein date for police to be pushed back to this fall.

the decisions we made, they left quite satisfied."



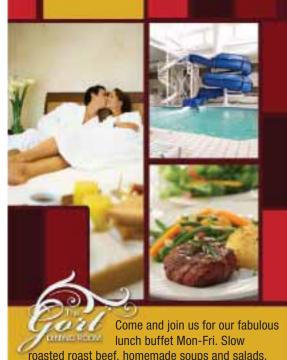
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#### **'Freedom** Road'still a dream

The band at Shoal Lake 40 believes having an allweather road is key to solving its water problems, as supplies could be trucked in to build a treatment plant at a reasonable price.

'Having a road means a water-treatment plant. It means an economy; it means survival as a community," said Cuyler Cotton, a policy analyst with the First Nation.

Every year, people in Shoal Lake 40 fall through the ice trying to get into the community. In Janis Redsky's case, emergency medical help was delayed.

"People have died in that water," Cotton says.

A century later, residents are still waiting for a historic wrong to be set right.

The community estimates an all-weather road would cost about \$30 million. The federal government, Manitoba and the City of Winnipeg have all chipped in \$1 million each for a feasibility study, but there are no firm commitments beyond that.

Residents have dubbed it Freedom Road. It's already been carved out of the wilderness and is used, with caution, when frozen during the winter. In spring and summer, however, it is an impassable muddy mess.

Stewart Redsky says he has been lobbying for Freedom Road for so long that his family calls him a "broken record.

"It's tough with the community being in a state of hopelessness," he says. "It's a challenge to live and survive each and every day." THE CANADIAN PRESS



### The true cost of Winnipeg's water

**Shoal Lake 40.** Actions long ago have caused nothing but tragedy for families on reserve

WINNIPEG

More than 30 years have passed, but Janis Redsky can still see the flashing lights of the ambulance.

She was pregnant and crippled by searing abdominal pains, stranded on her reserve Shoal Lake 40 — an island carved off a century ago to divert water to Winnipeg.

The ambulance sat on the opposite shore, less than a kilometre away, as Redsky and her husband tried to find a way across.

"All we could do was look," recalls her husband Stewart, breaking down into tears.

After an hour, Redsky

watched it drive away. It would be another two hours before she made it to a hospital.

By then, she had lost the baby. She needed to be revived on the operating table and is unable to have children.

"It still traumatizes me to this day," says her husband. "I always wonder if we had help immediately, if those three hours would have made a difference."

Redsky's ancestors lived on the shores of Shoal Lake at the turn of the last century, when a delegation from Winnipeg came looking for a fresh-water source for the capital.

News reports from the time noted the delegation believed the spot was uninhabited, "with the exception of a few

Their land became an island when crews cut a channel to divert tannin-laden, boggy water

#### Half measures

A running-water system was built for Shoal Lake 40 in the 1990s but did not meet standards. There was a cryptosporidiosis outbreak in 1997.

metronews.ca WEEKEND, March 13-15, 2015

For 17 years, its 270 residents have lived under a boil-water advisory.

coming from Falcon Lake away from the aqueduct intake.

Using gravel carved out from Shoal Lake's ancestral land, crews built a dam to ensure Winnipeg's water remained untainted. On one side, contaminated water flows to the residents of the Shoal Lake 40 reserve. On the other side, clean water flows to Winnipeg. THE CANADIAN PRESS



#### **OPTOMETRISTS:**

Dr. Matthew Anderson

Dr. Tyler Anderson

Dr. Andrea D' Mello

Dr. Michael Langenberger



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### City, province commit funds to 'complex' issue

Next year, Linda Redsky's foster son will have to leave Shoal Lake reserve to attend high school. Without yearround access to the reserve, he will have to board in Ken-

At least he will have access to clean water, she says. He suffers from severe eczema and other skin conditions. The reserve spends \$100,000 a year on bottled water to drink, but people still bathe and do laundry in the untreated water. When she runs a bath, Redsky covers up the faucet with a face cloth so the tub doesn't fill up with deb-

"You feel angry when you think about it," says Redsky, who has fallen through the ice twice trying to get home. "We're living in these conditions because of something that we didn't do."

Aboriginal Affairs Minister Bernard Valcourt declined to be interviewed about Shoal One of the first things Kevin Chief did when he was appointed Manitoba's minister responsible for Winnipeg was visit Shoal Lake 40. The community has been through feasibility studies before but Chief says it's different this

"We would not commit \$1 million if we were not serious and committed to getting this road completed," says Chief. "It's a priority for me, it's a priority for my government."

Winnipeg Mayor Brian Bowman says the city has committed \$4 million to Shoal Lake 40's Freedom Road but stopped short of committing cash. Winnipeg wants to be a "responsible partner" with the First Nation, he says.

"These are complex issues and it involves Winnipeg's water supply," Bowman said. "It's also imperative that the government of Canada step up to contribute to the health and accessibility of the First Nation." THE CANADIAN PRESS



wart Redsky, former chief and current alcohol/drug counsellor of Shoal Lake 40 First Nation, sits in the community's water storage room and talks about water and access issues in his community Feb. 25. IOHN WOODS/THE CANADIAN PRESS

#### A legacy of turmoil

A century ago, the federal government expropriated land inhabited by the Shoal Lake 40 First Nation for construction of an aqueduct to provide water to the city of Winnipeg. Band members were moved onto a man-made island. That decision continues to have impacts to this day as residents risk their lives on dangerous ice roads and the community finds itself under one of Canada's longeststanding boil-water advisories.

A look at Shoal Lake 40 First Nation's struggles, by the numbers:

**15.2** The width in metres of the diversion canal that turned Shoal Lake 40 First Nation land into a manmade island.

The number of people locals can remember who have died by trying to cross the lake to the island in unsafe

The estimated amount of money it would take to build an all-weather road connecting the reserve with the mainland.

The number of years Shoal Lake 40 has lived under a boil-water advisory.

\$100K The amount of money the reserve spends a year on bottled

The estimated amount of money it would take to build a water treatment plant.

The number of people still living on the reserve.

The percentage of the reserve's population left on the man-made island.

THE CANADIAN PRESS



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# Plessis Road project looking at extension

#### **Underpass funding.**

City officials confident feds, province won't walk away



City of Winnipeg officials will decide within the next 10 days if another extension will be required for the Plessis Road underpass project that's also facing a cost overrun.

The finance committee on Thursday was given an update on the twinning and grade separation project currently underway in Transcona.

Lester Deane, manager of public works' engineering division, told the committee that the \$77 million endeavour will likely be going over its budget by \$6.8 million, although he expects the rail authority will cover some or all of that cash.

"We hope to offset that when we negotiate a settlement or funding agreement with CN for their contribution," Deane said following the meeting.

"When we enter agreements with rail authorities on crossings, there usually is a percentage depending on who was there first."

Deane said the underpass is one of the "most complicated



projects" he's been involved in over his 30 years with the City of Winnipeg due to the location of rail lines, pipelines and "tight geometry."

As for the funding deadline, Deane said he's confident that the provincial and federal governments would agree to an extension, since negotiations with the oil companies for legal agreements caused the delay.

Finance chairman Coun. Marty Morantz (Charleswood-Tuxedo-Whyte Ridge) said he's concerned about the deadline, but feels "common sense has to dictate that it's very unlikely that if we did not meet those dates that our funding would not be in place."

"The project is well underway, the federal government

wants to see the project proceed, as does the provincial government," Morantz added.

"I'm optimistic that an extension would in all likelihood, common sense dictating, be in place."

The Plessis underpass project, which has the full support of the area's MLA and MP, was originally supposed to be completed in 2014.

### Transit. UPass makes first stop at city hall

The plan to provide a universal post-secondary transit pass, or UPass, to Winnipeg university students is one stop closer on its route to becoming a reality.

A recommendation to proceed with the UPass program starting Sept. 1, 2016, will be considered by the Standing Policy Committee on Infrastructure Renewal and Public Works Monday.

The UPass is a mandatory pass purchased by all students of a post-secondary institution as part of their tuition payment or for a given semester or term.

During referendums held last year, students at both the University of Manitoba and the University of Winnipeg voted in favour of implementing the program at their schools.

Students at both universities agreed to add \$260 per student onto their tuition costs for the fall and winter semesters.

A release from the city Thursday announcing the recommendation's upcoming standing policy committee appearance said the program would benefit students by lowering their travel costs to and from school and would benefit the community as a whole by reducing traffic congestion and greenhouse emissions.

If passed by the Standing Policy Committee on Infrastructure Renewal and Public Works, the UPass recommendation would still need the nod from EPC and council as a whole before being implemented.

METRO

#### New rules

#### More than 13,000 cats now licensed

After new rules requiring Winnipeg cats be licensed went into effect earlier this year, the city now says city cat owners have taken to the program like, well, cats to mice.

As of Jan. 1 all Winnipeg cats over six months old are required to be licensed, and in a release Thursday, the city said more than 13,000 cat licenses have been sold.

Licenses are available for \$15 for spayed or neutered To promote the new rules the city is offering the chance for cat owners to prove they've got the city's No. 1 feline, with a contest that'll see the winning Winnipeg kitty honoured with a plaque and cat license No. 1, which will have all fees waived for its owner over the lifetime of the cat, yes, all nine lives.

cats, or \$50 for intact cats.

The contest is running until March 27.

For more information on licensing and the contest go to winnipeg.ca/animalser-

### St.

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- 1. To control fungal diseases on turf and ornamentals within the confines of the St. Charles Country Club.
- 2. To control noxious weeds within the confines of the St. Charles Country Club.
- 3. To control insects within the confines of the St. Charles Country Club.

The St. Charles Country Club proposes to use the following pesticide products if required following the label instructions to control fungal diseases, noxious weeds, and insects when conditions dictate and to isolated areas throughout the 240 acres.

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The insecticides are: Acelepryn, Prox 120, Pyrate, Sevin T/O,

Vectobac200G, and Arena 50WDG. The herbicides are: Banvel, Par III, and Round Up. The growth regulators are: Primo Maxx.

The Public may send written submissions or objections within 15 days of the publication of this notice to the department below:

Manitoba Conservation Pesticide/Fertilizer Section Suite 160, 123 Main Street Winnipeg, MB R3C 1A5

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#### **CN** train derails near Brandon, cargo spills

Canadian National Railway says some cargo spilled when 13 cars in an eastbound freight derailed in southern Manitoba.

The accident happened around 7 p.m. Wednesday near the small community of Gregg, about 50 kilometres east of Brandon.

CN says in a release that the cars were carrying refinery cracking stock, a non-regulated commodity, and that one of them spilled some of its load.

The company says the product did not get into any waterway, but an emergency plan was activated and crews are working with Manitoba environmental officials to clean the ground adjacent to the track.

It says there are no reports of injuries and there was no threat to public safety.

CN also says the main track has been reopened following repairs and investigators are continuing to look for the cause of the derailment.

CN was also involved in a fiery derailment on Saturday just outside Gogama in northern Ontario. The track and a bridge were destroyed, and a trace of oil product was found in the mouth of the local river

There have been three recent CN derailments in northern Ontario, including two along a 40-kilometre stretch of track about an hour south of Timmins.

On Wednesday, the Canadian government proposed tough new standards for rail tank cars used to transport crude oil. The proposal would require the cars to have outer "jackets," a layer of thermal protection, and thicker steel walls. **the canadian press**-



Alia Parisien, 26, who participated in Ka Ni Kanichihk's Honouring Gifts program, sits with her son Dorion, speeches at a government announcement highlighting the work of the program and the North End Community ewal Corporation's Citizen's Bridge program. SHANE GIBSON/METRO

### 'Incredible' programs get renewed funding

**Employment.** The province will continue to support initiatives for low-income job seekers struggling to find their career paths



**GIBSON** 

Manitoba's Minister of Jobs and the Economy reaffirmed Thursday his government's plan to continue funding two programs working to lift the barriers faced by struggling and low-income Manitobans looking for meaningful work.

But Kevin Chief couldn't say whether the programs which he said "do incredible

things" - would see any new money in this year's budget.

'We're going to be doing a formal evaluation to look at it," said Chief of the possibility of future funding increases for both the North End Community Renewal Corporation's Citizen's Bridge program and Ka Ni Kanichihk's Honouring Gifts program at an announcement praising their work. "(But) I think you saw here today ... just how important these programs

The Manitoba Government has pumped just over \$590,000 into both programs since 2012 through their Strategy for Sustainable Employment and a Stronger Labour Market and their Empowered to Change initiative to support parents with young children.

In that time, the Citizen's Bridge program has helped more than 1,200 people establish bank accounts, obtain personal identification and take driver's education.

The Honouring Gifts program, which helps single aboriginal mothers transition from social assistance into sustainable employment, saw 17 graduates last year including 26-year-old single mom Alia Parisien who is now working to become an accountant.

"It made me feel like I belonged," she said in a speech. "You can get that on the streets, with gangs or whatever, but being with mothers ... brought me so much strength and made me strive for a better life."

Go to kanikanichihk.ca for more information on the Honouring Gifts program and send an email to info@necrc.org for details about the Citizen's Bridge program.



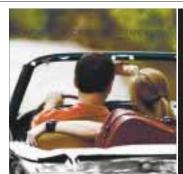
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metronews.ca WEKEND, March 13-15, 2015



### City has backup plan for Polo Park roads

#### Infrastructure. If landowners won't sell in St. Matthews Avenue area, public works could take other routes, widening Ellice or Sargent avenues



The city's public works department has a Plan B prepared should the expropriation of properties to improve Polo Park traffic infrastructure not work out as hoped.

Among the possibilities considered, said Lester Deane, manager of engineering for the Public Works Department, are the widening of Sargent or Ellice avenues.

The expropriations came up again during Thursday's finance committee meeting. They were also discussed at Tuesday's property and development committee meeting.

ing. "(Plan B) was in the event that we weren't going to pursue the St. Matthews extension, maybe the expropriation didn't go in our favour, that we would still want to use the budget to deliver traffic improvements around Polo Park area," Deane told reporters after the finance meeting.

"Now that we have what we see as a positive ruling on the expropriation hearing, we'll continue to pursue the St. Matthews extension and we'll continue to try to negotiate with the property owners to reach settlements."

The owners of three properties affected by the expropriations brought their case to city hall on Tuesday, asking P&D for their businesses to be fully bought out, not just have pieces of their land expropriated.

However, committee chair Coun. John Orlikow said P&D staff believes it isn't necessary for the city to buy them out.

"If you saw the map, we're looking at a little sliver of two properties," said Orlikow on Tuesday.

"They want the full property taken, that is definitely not in the best interest for the city to take over property that we don't need."

### 7-Eleven bringing back Bring Your Own Cup Day

What better way to celebrate the first day of spring than by filling a fish bowl with Slurpee?

7-Eleven is bringing back Bring Your Own Cup Day on March 20. From 11 a.m. to 7 p.m., slurpers can fill any container smaller than 26 cm in diameter with their favourite Slurpee flavour for \$1.49.

"We believe Slurpee lovers can get even more creative this year," said Raj Kapoor, vice-president and general manager, 7-Eleven Canada. "A high bar was set last year, but we know our customers can take the cup creativity up another level and have even more fun.

"We've seen time and time again how imaginative and individual Slurpee fans can be."

Last year's event saw everything from fishbowls to teapots used as containers.



One of the many containers used in Bring Your Own Cup Day in 2014.



#### Serious crash closes Ellice Avenue

Three people were taken to hospital after an early morning crash closed part of Ellice Avenue Thursday. Police were called to the corner of Sherburn Street and Ellice Avenue where a silver Pontiac Sunfire and a cargo van crashed shortly before 7:30 a.m. The driver and passenger from the Sunfire and the driver of the van were all reported to be in stable condition later in the day. SHANE GIBSON/METRO WINNIPEG



metronews.ca
WEEKEND, March 13-15, 2015

CANADA 11

# Jen Karren with husband Trevor Karren. FACEBOOK.COM

### Calgary woman dies when whale slams boat in Mexico

Cabo San Lucas. Jen Karren killed after a grey whale caused boat captain to make a 'sudden manoeuvre'



A Calgary woman killed Wednesday off the coast of Cabo San Lucas in Mexico after a grey whale crashed into a tourist boat has been identified as Ien Karren.

Cabo Adventure, the company behind the Snorkel & Sea Adventure tour that Karren was on, said the 35-year-old woman was killed after a whale broke the water's surface, causing the boat's captain to make a "sudden manoeuvre" on Wednesday morning.

An official with the One World Hospital by Saint Luke's in Cabo San Lucas confirmed the identity of the woman to Metro on Thursday afternoon.

According to her Facebook page, Karren was an employee in the mailroom of Worley Parsons Ltd., an international construction consulting firm working in the energy and resource sector.

A statement from Cabo Adventures explained the boat was travelling from Santa Maria, and the incident occurred around the Hotel Fiesta Americana.

"The whale hit the boat on one side, which caused two passengers to be hurt and, unfortunately the death of one passenger," said Felipe Diez-Canedo, general director of Cabo Adventures.

It's believed the force of the impact with the whale sent Karren into the water. A guide on the ship and another passenger jumped in to rescue her. Another passenger, a nurse, performed CPR aboard the ship.

"On arrival to the marina, the paramedics took the pas-

Jen Karren receives CPR aboard a small boat. Karren was injured after a grey whale hit the boat she was on, near a beach resort in Cabo San Lucas, Mexico

senger to a private hospital in where, unfortunately, (she) passed away," Diez-Canedo said.

One of the other two injured passengers has since been released from hospital and a second was due to be released Thursday evening.

Foreign Affairs issued a statement to Metro early Thursday.

"Our thoughts are with the family and friends of a Canadian citizen who passed away in Mexico. Canadian consular officials in Cabo San Lucas are providing consular assistance to the family in this difficult time," spokesman John Babcock said in an email.

It's believed 24 people were on the tourist boat at the time of the incident.

Rail

### Transport Canada proposes tougher safety standard

Proposed new federal regulations will give shippers until 2025 to upgrade rail tank cars to a higher safety standard, a transition that would come almost 30 years after serious deficiencies in the fleet were first identified — and as oil-by-rail accidents continue to pile up. The safety upgrade would build on standards adopted by the industry in 2011 and require shippers to make tank cars more resistant to punctures and valve failures in the case of derailment. THE CANADIAN PRESS

CN spill

#### Cargo spills after Manitoba train derailment

Canadian National Railway says a tar-like hydrocarbon spilled when 13 cars in an eastbound freight derailed in southern Manitoba. The accident happened around 7 p.m. Wednesday near the small community of Gregg, east of Brandon.

THE CANADIAN PRESS

### 12-year term sought for accused Canadian teacher

Indonesian prosecutors are seeking 12-year jail terms for a Canadian teacher and an Indonesian teaching assistant accused of sexually abusing three young children at a prestigious international school.

Neil Bantleman, of Burlington, Ont., and Ferdinant Tjiong, who were arrested in July, say they are innocent, as do a number of fellow teachers and the principal at the Jakarta International School.

They are being tried on charges of violating the Child

Protection Law, which provides a maximum penalty of 15 years in iail

Prosecutors told reporters after a hearing Thursday that the heavy sentences are being sought because as teachers they had traumatized the victims.

"As teachers, they have to set a good example, instead of committing deeds that cause trauma to the students that takes a long time to treat," prosecutor Ade Rohimah said.

A verdict is expected April 2.  $\begin{tabular}{l} \textbf{THE CANADIAN PRESS} \end{tabular}$ 

### Critics fear new anti-terror bill will tread on rights

The federal government's assurances that its anti-terrorism bill will not be a licence to spy on activists have done little to calm the fears of aboriginal leaders, environmentalists and human rights advocates.

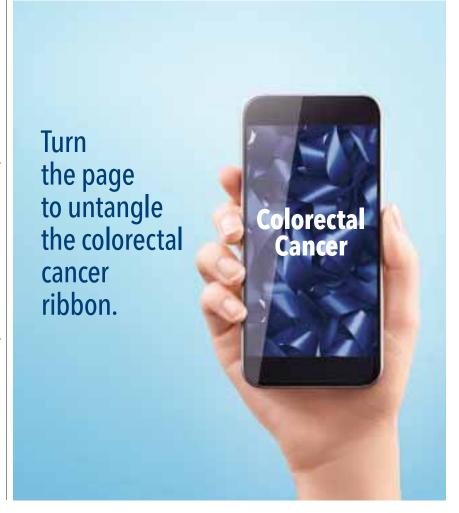
Several critics said Thursday they have reason to believe the legislation would be used to step up surveillance of protesters opposed to petroleum projects and other resource developments.

"We don't want to be labelled as terrorists in our own territories, our own homelands.

for standing up to protect the land and waters," Assembly of First Nations national chief Perry Bellegarde told the House of Commons public safety committee.

Bellegarde indicated the bill would be challenged in the courts, saying the federal government did not fulfil its duty to consult Aboriginal Peoples.

The committee plans to hear more than 50 witnesses on the bill, introduced in response to extremist-inspired attacks that killed two Canadian soldiers last October. THE CANADIAN PRESS



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WEEKEND, March 13-15, 2015

### Harper playing with fire: Critics

**Quebec.** Tensions brewing between Conservatives and Muslim community

Whether it is to realign Canadian values in an age of terror, or simply to win votes, critics warn that Prime Minister Stephen Harper could be taking the country along a turbulent course with his broadside against the niqab and stricter strains of the Muslim faith.

Look far enough along that path and you will see the province of Quebec, whose struggle with the faith has been going on for years and is nowhere near finished.

In Herouxville, Que., a cheeky town council decided in 2007 to outlaw face coverings in public (except for Halloween, of course). That led to a multi-million-dollar commission on religious accommodation. A political proposal to ban the wearing of religious symbols failed to pass into law, but not before reports came in

of mounting aggression and abuse against veiled women. Now, Muslim communities across Quebec are reporting that there is suddenly no room and no appetite when they are seeking permission to open places of worship. "It's as if it's OK today to

"It's as if it's OK today to be a Muslim in our society as long as we're invisible," said Haroun Bouazzi, co-president of the Quebec Association of Muslims and Arabs for a Secular Society.

The Harper government's decision to appeal a court ruling allowing a Muslim woman to wear a niqab (an Islamic face covering with openings only for a woman's eyes) while taking the oath of citizenship, was one federal step in the province's path. But the prime minister's assertion that the niqab is the product of a culture that is "anti-women," seems like an administration doubling down in preparation for an election.

It's been tried before by the Parti Québécois government. The PQ found spirited support for a legally dubious ban on Nariman Eldoraini gives a thumbs up as she checks her hijab in a mirror during a gathering in Montreal on Sunday, January 12, 2014, to oppose the proposed Quebec Values Charter. GRAHAM HUGHES/THE CANADIAN PRESS

the wearing of religious symbols by judges, bureaucrats, university professors and even daycare employees, only to have their gains undermined in last year's provincial elec-

tion by a jumbled stance on how to achieve Quebec's independence.

"It's true, the niqab is antiwoman. We have to say it clearly and stop beating around the bush out of fear of upsetting people," Bernard Drainville, the architect of the PQ Values Charter who is now running for the party's leadership, told Radio-Canada Thursday. Drainville made pains to note that he was aligned with his party's federal cousins, the Bloc Québécois, rather than with the Conservatives.

But so strident was he in his denunciation of Harper's main political threats, NDP leader Thomas Mulcair and Liberal leader Justin Trudeau, that it was the effect rather than the intention that mattered most.

Clues come from a September 2013 study of the values charter by the polling firm CROP. It found strongest support for the PQ values charter among the old stock francophone Quebecers who live in the rural regions, cling to their Catholic heritage and overwhelmingly believe that immigrants are washing over their land and their way of life.

In other words, it was red meat for the more conservative elements of Quebec society — just the types Harper's Tories already represent in the five provincial ridings they currently hold and that they will be targeting in the general election to be called later this year. TORSTAR NEWS SERVICE





### Two Ferguson officers shot; groups try to quell tensions

**Missouri.** Bloodshed threatened to inflame the already fraught relationship between police and protesters

With measured remarks and a conciliatory tone, police, political leaders and civil-rights activists on Thursday sought to tamp down tensions after two police officers were shot in front of the Ferguson Police Department during a protest.

The officers were quickly released from the hospital, but St. Louis County Police Chief Jon Belmar said they could have easily been killed and called the attack "an ambush." Meanwhile, people were taken in for questioning after a SWAT team converged on a Ferguson home near the shooting site. Police did not immediately offer details.

The shootings marked the first time in eight months of tension in Ferguson that of-

ficers were shot at a protest, and the bloodshed threatened to inflame the already fraught relationship between police and protesters just as the city seeks reforms in the wake of a withering Justice Department report on its law-enforcement practices.

The attack resonated all the way to Washington. President Barack Obama took to Twitter to relay his prayers to the officers and to denounce violence against police as unacceptable. "Path to justice is one all of us must travel together," Obama wrote, signing the tweet with his initials to indicate the president personally composed it.

Attorney General Eric Holder called the shooting "inexcusable and repugnant."

The shots were fired early Thursday just as a small crowd of protesters began to break up after a demonstration that unfolded hours after the resignation of Ferguson Police Chief Tom Jackson.

The shots were believed to



come from a handgun fired across the street from the police department, which has been a national focal point since the Aug. 9 shooting death of Michael Brown, who was black and unarmed, by a white police officer. THE ASSOCIATED PRESS

### Atlanta. Residents call for police accountability

Residents in the Atlanta area are adding their voices to a nationwide chorus of calls for increased police accountability after an unarmed, naked man was fatally shot by an officer responding to a complaint of a suspicious person at an apartment complex.

More than 100 protesters gathered in the city of Decatur on Wednesday night to protest the death of Anthony Hill, 27. Most said they hoped the latest shooting would become part of an ongoing national discussion on how

police officers interact with citizens, especially minorities.

The relationship between law enforcement and civilians — particularly in poor, minority and high-crime neighbourhoods — has become a contentious issue in many states across the U.S. following the high-profile deaths of unarmed men and teens by police officers, some of whom have been exonerated of wrongdoing after saying they perceived the men and teens they shot as threats. The ASSOCIATED PRESS

#### Shooting

### Report forthcoming

Wisconsin's attorney general says a report on the shooting of an unarmed 19-year-old man by a Madison police officer should be sent to a prosecutor in about two weeks. Attorney General Brad Schimel is updating the investigation into the death of Tony Robinson. Robinson, a biracial man, was shot and killed by a white officer Friday night after police said Robinson assaulted the officer. Schimel is encouraging the public to be patient before judging what happened. He says he appreciates that Robinson's family has urged that protests be peaceful.

### Bangladesh factory roof collapse traps dozens

The roof of a five-storey cement factory under construction in Bangladesh collapsed Thursday, killing at least four workers and trapping many others, an official said.

About 150 workers were on duty when the collapse occurred in Mongla in Bagerhat district, fire official Mizanur Rahman said.

He said at least 40 people were rescued from under the debris and up to 40 others were feared trapped. Many of the survivors were hospitalized with injuries, Rahman

The cause of the collapse

was still under investigation.
Survivors said 50 to 60
people were working on the
roof while others were on
the ground floor when the
collapse occurred, said local
government administrator
M. Jahangir Alam.

It was not clear how many were directly affected by the collapse.

The seaside factory, about 135 kilometres southwest of

Dhaka, is owned by an army welfare organization, the United News of Bangladesh news agency reported.

In April 2013, a building housing garment factories collapsed in Dhaka, killing more than 1,100 people.

Engineering surveys show that many Bangladesh factories violate building codes by using substandard materials or adding extra floors that the building foundations can't support.

THE ASSOCIATED PRESS

#### Moscow

#### Nemtsov murder steeped in mystery

The slaying of opposition leader Boris Nemtsov has been described as "the most significant political murder in recent Russian history." As investigators home in on five suspects, dozens of versions of what motivated the killers have circulated across Russian media and the country's notoriously conspiratorial blogosphere.







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#### Flight 370

#### Malaysia vows stern action if air traffic controller was sleeping

Malaysia's transport minister on Thursday vowed to take stern action against an air traffic control supervisor if it is confirmed that he was asleep on the job when Malaysia Airlines Flight 370 disappeared a year ago.

An interim investigation report last Sunday contained transcripts of conversations between air traffic controllers and the airline that revealed confusion after the Boeing 777 dropped off radar with 239 people aboard while flying from Kuala Lumpur to Beijing.

The last voice contact was a "good night" message from the cockpit to the controllers at 1:19 a.m. on March 8. The shutdown of the transponder one minute later removed the plane's identification from commercial radar. THE ASSOCIATED PRESS

metronews.ca
WEEKEND, March 13-15, 2015

### Washington. Secret Service agents under investigation

The U.S. Homeland Security Department is investigating two senior Secret Service agents accused of crashing a car into a White House security barrier, an agency spokesman says.

Secret Service spokesman Robert Hoback said Wednesday that recently appointed Director Joseph Clancy has been briefed on the March 4 incident. Clancy has asked the department's internal investigator to look into the incident.

The crash investigation is the latest embarrassment for

#### .....

Incidents of drunken behaviour have plagued the agency since at least April 2012, when more than a dozen agents and officers were caught up in a prostitution scandal in advance of a presidential visit to Cartagena, Colombia.

the agency tasked with protecting the president.

THE ASSOCIATED PRESS

#### Boko Haram

#### UN considers African support

Members of the UN Security Council are proposing that the international community supply money, equipment, troops and intelligence to a five-nation African force fighting Boko Haram.

African countries have put together the largest international effort yet to defeat Boko Haram after Nigeria's war against the Islamic extremists spilled beyond its borders. Alarm rose when Boko Haram over the weekend announced its allegiance to the Islamic State extremist group operating in Iraq and Syria.

# Pope celebrates second anniversary in office



#### Vatican City. Francis's reforms

Francis's retorms popular worldwide; traditionalists less thrilled

Pope Francis marks his second anniversary Friday riding a wave of popularity that has reinvigorated the Catholic Church in ways not seen since the days of St. John Paul II. He's also entering a challenging third year, facing dissent from within on everything from financial reform to family issues.

Is the honeymoon over?
According to the Pew Research Center, not by a long shot, at least as far as ordinary faithful are concerned: Nine out of 10 U.S. Catholics have a favourable view of Francis, including six in 10 who have a "very favourable" view.

Those are rankings not

seen since John Paul's rock star days. And they trump the favourability ratings for Pope Benedict XVI even among more orthodox, church-going Catholics.

"Two years after his election, Francis has made the face of the papacy irreversible," Italian Vatican analyst Marco Politi wrote. "Returning to a doctrinaire, absolute monarch, icon-pope will never be possible, without a dramatic loss in contact with contemporary society, believers and non-believers alike."

Yet opposition abounds, most vocally among commentators but also some cardinals and bishops: Traditionalist Catholics have been joined by more mainstream conservatives who cringe at his mercy-over-morals priorities and apparent willingness to entertain pastoral approaches that might not follow Rome's rulebook.

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metronews.ca WEEKEND, March 13-15, 2015 **BUSINESS** 

#### **CRTC** shakes up Canadian content on TV

**Content.** Regulator hopes changes will lead to higher quality Canadian programming

Canadian broadcasters will have less-stringent Canadian content requirements, but be required to fund higher-quality homegrown productions as a result of the findings of CRTC's Let Talk TV hearings.

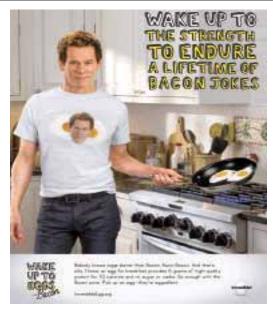
Jean-Pierre Blais, chair-man of the CRTC, outlined changes intended to develop better Canadian programming Thursday in Ottawa.

Canadian content restrictions will be relaxed, except in the prime-time viewing window (6 to 11 p.m.). Specialty channels will have to show 35 per cent Canadian programming throughout

their schedules, and some local stations will not have to have any CanCon in non-prime time viewing time slots. Specialty channels like HGTV, Space and MTV Canada which have had genre protection to limit competi-tion — but also license re-quirements that limited what kind of content they could show — will see those restrictions lifted.

All Canadian broadcasters will have to invest in home-grown production, and there are changes to productions being labelled Canadian con-tent. One pilot project will encourage adaptations of Canadian novels, and another will focus on series with a \$2 million budget per hour, but both will require a Canadian screenwriter, leading actor or production company to qualify as Canadian content.

TORSTAR NEWS SERVICE



#### Egg industry orders Bacon

The American Egg Board is launching a series of online ads featuring Footloose actor Kevin Bacon, seen in a print ad, with plenty of puns on his last name. The campaign, which includes magazine ads, comes as a protein craze in the U.S. is helping fuel sales after decades of declining consumption. courtesy american egg board/the associated press

### France. Yogurt cartel fined for fixing prices

Frantic text messages be-tween French CEOs about cottage cheese prices; clandestine smoke breaks in a Left Bank apartment to collude on yogurt strategy: A ruling Thursday by France's competition authority details a web of secret meetings, handwrit-ten charts and phone exchanges over six years to fix prices on many yogurt-related goods on supermarket shelves.

Eleven companies were hit with 192 million euros (about \$258 million) in fines for the cartel, including Yoplait and Lactalis and makers of most of the store-brand vogurt sold around France.

The cartel was uncovered thanks to a special proced-ure that allows companies to report their own price-fixing activity to regulators in exchange for reduced pun-ishment. Yoplait, majority-owned by U.S.-based General Mills Inc., was the first company to report the activity, and was given no fines.

Company bosses sketched out secret deals in hotel rooms and on special phone lines to avoid detection.

The ruling found that the companies agreed on how and when to raise prices from 2006 to 2012, and divided up volumes. THE ASSOCIATED PRESS

#### Market Minute



Dow Jones: 17,895.22 (+ 259.83)







### **App.** Teen creates modern take on relaxation tapes

Abdou Sarr, who turned 17 just last month, may soon be-come the richest teenager in

The Ottawa high school student's modern take on relaxation tapes has quickly become one of the bestselling

mobile apps on iTunes.

Celestial, the app designed by Sarr, shows panoramic views of calming settings such as ocean beaches with matching sounds. Users can select through different select through different modes to help them sleep, relax or focus.

Launched last Sunday, Celestial has already become one of the top 10 paid apps on the iTunes charts and reached

Each Celestial download costs \$1.19; Apple pockets 30 cents of that but Sarr gets to keep the rest for himself. He has yet to see the financial payoff but considering the rising popularity of his app,

it could be pretty significant.
The idea for Celestial came when Sarr noticed his classmates were having trouble concentrating in school due to stress. He started developing the app when he was 14. He would have started when he was 14 but he didn't when he was 13 but he didn't own a Mac yet. "I taught my-self how to do it, he said. "It was all trial and error,"

NICHOLAS HODGE/METRO IN OTTAWA

#### Internet Google enhances safer browsing

Apple Watch

Chinese makers roll out look-alikes

A month before Apple

Inc.'s smartwatch is out, China's thriving copycat

manufacturers are selling look-alikes, some openly

website. Prices start at 288 yuan (\$45 US), one-eighth

the \$349 US price of the

cheapest Apple Watch. Most vendors said they

were compatible with Apple's iOS or Google's

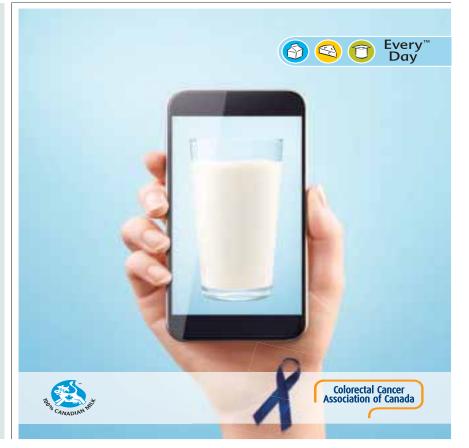
THE ASSOCIATED PRESS

Android operating system.

advertised as Apple copies, on Alibaba Group's

Taobao e-commerce

Get ready to see more red warning signs online as Google adds ammunition to its artillery for targeting devious schemes lurking on websites. The latest weapon is aimed at websites riddled with "unwanted software" term that Google uses to describe secretly installed programs that can change a browser's settings without a user's permission. THE ASSOCIATED PRESS





### FRIDAY, MARCH 13 TO

#### **RBC CONVENTION CENTRE WINNIPEG**

METRO CUSTOM PUBLISHING

### MANITOBA RV SHOW

### On the road

#### Choose your adventure at Manitoba RV Show

If your holiday plans involve seeing the world, then you first stop should be the Manitoba RV Show (from Friday to Sunday at the RBC Convention Centre).

Show manager Dave Amey says this year's Manitoba RV Show features the newest innovations in everything from pop-up campers to motor homes.

"Long gone are the days when you had to suffer through discomfort to travel," Amey

Travelling with a recreation vehicle offers the freedom to travel to almost any destination (you can take off for a weekend or for months on end), without the headaches of overbooked hotels, flight cancellations or

He adds that today's top-of-the-line motorhomes offer all the amenities of home — in-



cluding fully equipped bathrooms, kitchens and laundry facilities.

The theme of this year's show is Go And Get Exploring. Whether you are headed to the woods, a lake, taking a cross-Canada road trip or just visiting relatives, being able to travel with the comforts of home is a big part of the appeal of RVing.

Amey says that being able to cook and prepare your own meals is another huge draw

for many families who want healthy meals on the road. And you can bring your pets. "Travelling by RV is a huge way to enjoy

everybody's company."

Yet the RV Show is not just about mobile homes. This year, in addition to one-onone exhibits by dealers, visitors can enjoy interactive camp sites, an open house representing more than 40 summer camps and expert information from the Manitoba Camping Association, while Ford and Capitol Ford will hold seminars to answer questions about the best trucks for your trailer-towing

While the show gives visitors a chance to meet members of the RV community at large, for many families, camping is a way to connect not only with the great outdoors, but also with each other.

"RVing really is a lifestyle," Amey says.

#### GET OUT AND ENJOY THE GREAT OU

The Manitoba RV Show is not only a great place to explore the newest products for all things related to recreational vehicles, it's also a great opportunity to save on RVs, trailers and other camping accessories.

But according to show manager Dave Amey, the show is not just about product.

Part of the show's mission is to encourage people of all ages and interests to enjoy the outdoor experience. Travelling by RV gives vou the flexibility to create your own itinerary, Amey says, "because there is a huge area where you can go camping."

From the unspoiled wilderness of national and provincial parks to campsites with resort-like amenities such as beaches and fishing, travelling via RV is a fun, surprisingly affordable way to explore the world.

Even if you're visiting relatives you can park in the driveway and not have to sleep on the couch," Amey says.

The RV Show is a great way to learn more about the endless options for those who want

#### KNOW YOUR RECREATIONAL VEHICLE

Whether you are trekking the wilderness or travelling to a campsite, there is a recreational vehicle to suit your needs and budget. Here is a quick breakdown: **MOTORHOME:** One of three self-contained vehicles, either a Class A (coach), a Class B (van conversion) or a Class C (trailer built on a truck chassis to form a single, walk-through unit). Many Class A and C motorhomes come with their own water supply and power generator so you don't need a campsite with a hookup.

TRAVEL TRAILER: A unit towed behind another vehicle. The trailer can be left in the campground, freeing the car or truck for errands and sightseeing.

to experience more along the open road. For

those who like to camp in comfort, many

TRUCK CAMPER: This unit slides into the bed of a pickup truck. Its smaller size makes it perfect for people who already have a pickup truck and who camp on weekends or only occasionally. **POP-UP:** These lightweight campers can

be towed by a small or medium-sized car. They pop up to full height when in use. While most have at least some cooking and bathroom features, they are best for

**SLIDE-OUT:** Basically a room that extends out of the RV's living area when it's parked - an excellent option for snowbirds who stay put for weeks or months in one

spot without moving the RV.

RV-friendly resorts will be on hand. The Manitoba Association of Campgrounds and Parks will be at the event with information on the province's many overnight and seasonal campsites, as well as money-saving and convenience options such as seasonal leases and winter trailer storage.

People who prefer to follow the call of the wild can learn more about RVing in one of Manitoba's and western Ontario's many nature preserves. Representatives from Parks Canada, Ontario Parks and various provincial parks will be in attendance to discuss everything from bear safety to pull-through and larger-site opportunities for RV travellers.

Considering that visiting Canada's majestic mountains, rugged rivers and expansive lakes is a rite of passage for many families, Amey says that not only can you travel virtually anywhere by RV, you can do so at a price that's accessible to most budgets.

RV dealers will be on hand to present the newest models and offer the best pricing of the season, as well as rentals and other inexpensive options for your next road trip.

### **SUNDAY, MARCH 15**

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metronews.ca WEEKEND, March 13-15, 2015

#### **VOICES**

#### WE NEED TO STOP ABSORBING THIS COST



THE KOHLER

When I was in university, I used to steal from

Before you call the cops, it wasn't anything crazy; no laptops or jewelry, liquor or cash. No, when I was in university, I used to steal tampons from people's bathrooms. If I was at a party or a friend's house, I'd inspect their feminine product supply and if it was robust, I'd take a few and put them in my purse. I wasn't a kleptomaniac or a bad person, I was just a woman who was broke and bleeding.

Feminine products are an essential part of living in modernday society. They're expensive to begin with; why are we taxed on them, too?

Before I lose half my audience, let me put this in universal terms: Did you know that you're paying tax every time vou go to the bathroom? Eww, what? Yes, because toilet paper is taxed, so with each

wipe (remember, front to back) the govern-

ment gets richer.
If you agree that that's gross and unfair, would you also agree it's unfair that people who menstruate pay a tax on tampons and all other feminine products? Every time we shed the stuff that lines our uterine walls, the gov ernment further lines its pockets. Talk about blood money!

There's a petition at Change.org, "Government of Canada — No Tax on Tampons" that's trying to put a stop to this, and you should sign it. Now, before you say, "This isn't my problem because I have a penis," stop and think about how you came to be on Earth. Did a stork bring you here? Were you deposited

on the shores via giant shell like Venus?

If the answer to both of those questions is 'No,' then I'm sorry, but this IS your problem because that means you came from a womb.

Once a month, the female reproductive system does something that's integral to keeping the human race on Earth and we're taxed on it.

#### Tampon tax

Feminine products are already expensive; putting a tax on them adds insult to what kind of looks like an injury.

The petition estimates that Canadians paid the government more than \$36 million in tax on tampons. This is a cost we shouldn't be willing to absorb.

Canadians don't pay tax on everything. For instance, some foods and medical supplies are tax exempt, while luxury and cosmetic items are not. Sounds good on paper, but when you break it down, priorities start looking crooked. According to the federal government's Excise Tax Act, schedule VI, feminine products fall under the "cosmetic" category while cocktail cherries fall under "food." Okay, while it's true that cocktail cherries are edible, are they really crucial to human existence? In fact, aren't they just a "cosmetic" addition to a piña colada?

Moreover, if tampons are a "cosmetic" item, who does that serve? I guess tampons could be considered cosmetic in that they kind of cover up a woman's period.

That's nice for women, but it (also) makes

life cleaner and less bloody for men, too.

How would our boyfriends/husbands like it if "the rag" wasn't just an expression? What if we used J-Cloths that we washed and hung around the house to dry?

Trust me, tampons and other feminine

hygiene products improve *everyone*'s life. Feminine products are already expensive; putting a tax on them adds insult to what kind of looks like an injury.

If you're still wondering why you should care about this, think back to my tax on toilet paper example — is a square of two-ply really 'luxury"? Well, maybe Charmin is — so soft!

Jump on this No Tax on Tampons petition and should it succeed, use it as a way to get the tax off the T.P., too! We all wipe and we all need uteruses, whether they're in your body or someone else's.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter at @becca\_kohler

### Happy face/Sad face

From spitting to swearing, Metro weighs in on the news that made headlines this week:



#### HORKING **HOCKEY PLAYERS**

A hockey arena in Terrace, B.C., has cancelled drop-in adult games for the rest of the season because some players refused to stop spitting in the penalty box and on the benches. Parents whose kids play at the arena were grossed out and complained







Kudos to activists for successfully petitioning Facebook to remove the feeling "fat" option from its dropdown menu, and a pat on the back to the all-powerful corporation for listening to the plebs. Hopefully newsfeeds everywhere will also see a decrease in "thinspiration" photos, itemized lists of everything a friend ate that day and, it almost goes without saying, instagrammed dinner shots.



#### WHAT NOT TO WEAR: **PMO EDITION**

Our dear leader is facing some major backlash over comments he made about face coverings. Prime Minister Stephen Harper said that "most Canadians" find wearing a face veil during citizenship ceremonies to be "offensive" and added that the niqab is "rooted in a culture that is antiwomen." Hey, Harper: If you think Muslim women shouldn't be told what to wear than maybe you should, v'know, not tell them what to wear







A small-town Nova Scotia man who just won Atlantic Lottery's Set For Life already knows what he's going to do with his cheque: Buy a new set of false teeth. James Hanlon opted for a lump sum rather than \$1,000 a week for 25 years. He'll be taking home an impressive \$675,000. The handyman also says he has no plans to retire.



#### TIME FOR ANOTHER FOOTLOOSE REMAKE

Apparently the town of Taber, Alta. has never heard of the Charter of Rights. Its city council recently passed a bylaw that bans swearing in public, which brings a fine of up to \$250. Kids and teens must now abide by an 11 p.m. to 6 a.m. curfew. And officers now have the discretion to break up assemblies of three or more people in public spaces. Kevin Bacon, we need you up here!





### Making a fairy tale come true

Interview. Building Cinderella's glass slipper was a formidable task, even for an Oscar-winning costume designer

"How do you do a glass shoe?"

It sounds like a question from an age-old nursery rhyme, but was actually a real problem for Sandy Powell, the Academy Awardwinning costume designer of the new live-action version of Cinderella.

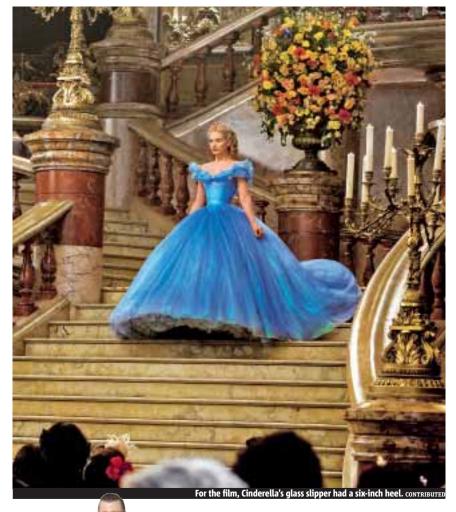
Powell, whose Oscars for Shakespeare in Love, The Aviator and The Young Victoria decorate her mantle, gave me a sneak peek at the unique shoes given to Cinderella (played by Downton Abbey's Lily James) by her Fairy Godmother months in advance of this weekend's opening.

"The glass slipper had nothing to do with any shoemakers because it is made of crystal," Powell explained.

Working with Swarovski, she designed the shoe, complete with a six-inch heel and 221 facets with their light-reflecting Crystal Blue Aurora Borealis coating, out of solid crystal.

"No one can actually put their foot in that," she says

"It's a prop. In effect I was designing a prop that gets held and gets tried on but for her (to walk in) we made another shoe that was the same shape, in leather, that she could wear and then the visual effects (transformed it to) the glass on her foot



"The glass shoe was the biggest challenge to do.

"How do you do a glass shoe that doesn't look ugly and huge?

"Hopefully I have done it. It had to sparkle. And rather than it be made up of lots of little crystals, I thought it would be brilliant if we could make

it out of one piece of crystal. We didn't know if that would be possible.

"We spoke to Swarovski very early on and I thought it should be like a faceted, cut piece of crystal and that's what we worked on, which took several months."

"They didn't even know if they could do it.

Richard's rating

Cinderella

• • •

Run All Night

• • •

The Cobbler

• • •

Miss Julie

• • • •

"We didn't know if it was going to be possible until the first one came hot off the press."

Eight crystal shoes were made, but in order to save time and money, there was no left or right foot, just neutral, according to Powell.

"No one is going to notice," she says. "Doing a pair would have taken twice as long and we never see two at the same time."

Working with Disney to bring Cinderella to life brings Powell full circle back to the movie that set her on her career path.

She cites the Mouse House's Mary Poppins as an early influence, adding,

"I've always been inspired by clothes and I have always loved films."

These days, 40 movies and three Oscars later, Powell is still finding plenty of passion in her work.

"I love it.

"It gives me great satisfaction," she says.



In Focus

**RICHARD** 

**CROUSE** 

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metr⊕ **JUNO AWARDS** metronews.ca WEEKEND, March 13-15, 2015

Take it from Alanis, she oughta know

**Interview.** 20 years after Jagged Little Pill, the introspective songwriter reflects on her career

Alanis Morissette made her Junos debut back in 1992, wearing buoyant ringlets, a bejewelled off-the-shoulder dress, and the dumbstruck expression of a 17-year-old leaping blindly into the glare of the spotlight. She was dressed in the disguise of a dance-pop featherweight, which ultimately didn't fit.

But at least the dress did.

'Not unlike most brides around the planet, I put all my stress into what dress I would wear," Morissette recalled with a laugh recently, marvelling at the "absolutely terrifying" event.

"I just remember being really nervous and over the moon about the fact that I held eye contact with Bryan Adams for longer than one millisecond."

The award she was given that night — most promising female vocalist — turned out to be prescient. 23 years later, Morissette is being ushered into the Canadian Music Hall of Fame after a distinguished and ongoing! - career that has spanned more than 60 million albums sold, seven Grammys and 12 Junos.

Days before Morissette was to receive the honour and perform at this weekend's Juno Awards, the 40-year-old spoke about her career from her home in Brentwood, Calif.

#### What does this honour mean to you?

Mostly it's just me coming into the arms of Canada. I'm Canadian to the bone. To be honoured by Canadians is precious to me.

#### It's the 20th anniversary of Jagged Little Pill and you're adapting it into a musical. What sort of emotions does that album evoke for you?

There's a continuity there that has remained true for two decades straight, which is just social commentary, eating disorder commentary, embracing emotions, flying in the face of what's expected. So many of these themes ... seem timeless

"I swear I walk around with a whiteboard upon which people can project their hatred toward their mother and their former boss and their sister and their ex**airlfriend.** Alanis Morissette on the isolating side of her celebrity

in a way, which is lovely. It's not the kind of record that I would discourage a 15-year-old from listening to. It's quite the

#### You won five Junos in 1996 and in acceptance discussed how an artist's growth occurs in public. Was all the attention a lot to bear?

It was. It was a lot of pressure and I hated it. So to take some of the intensity away, I wrote Uninvited (for the City of Angels soundtrack in 1998). That was really not encouraged by my record company. They wanted me to take all that white-hot heat and put it into the followup for Jagged Little

But I was buckling under that pressure and I didn't want to write. I was super burnt-out from touring and had I not succumbed to any of the pressure, who knows, I might have been the artist who writes a record every 10 years.

#### So you were never infatuated with fame?

I was definitely intrigued. I was sold the same bill of goods that the planet has been sold, which is that when you're famous, you're Kumbaya-ing with Meryl Streep and Johnny Depp is petting your head while you sit around a fire (laughs). So when I entered into that whole celebrity fray, it was actually quite isolating. I swear I walk around with a whiteboard upon which people can project their hatred toward their mother and their former boss and their sister and their ex-girlfriend. It's a lot to hold.

You said making your last al-

bum (2012's Havoc and Bright Lights) was painstaking. Will you make more music? Well, right now I'm actually

working on a book, which is great. Because the literary world, they're obsessed with credibility. I find as we get older, we become more and more credible, or we're perceived as credible.

(But) I'll write music until I'm dead. And maybe after, who knows? I'll channel through some young, unsuspecting artist.

#### Not all hall of fame inductees choose to perform. How do you think you'll feel up there?

To be honest, any excuse to be around my bandmates — I just love them so much. I have a four-year-old now (son Ever), so we're not touring at the breakneck speed we used to. This'll be really fun

THE CANADIAN PRESS



Morissette was engaged to actor Ryan Reynolds in the 2000s, but they eventually split. In 2010, she married rapper Mario (Souleye) Treadway and the same year they had their son, Ever.



#### June 1, 1974

Alanis Morissette and twin sibling Wade were born in Ottawa. Morissette took an interest in music, songwriting and performing at an early age. At age 10, she recorded her first song, and in 1986 she joined the cast of the Canadian kids sketch comedy TV series You Can't Do That on Television.



#### Early 1990s

Morissette released her debut album, Alanis, in Canada in 1991. The dance-pop project had the single Too Hot, which reached the Top 20 on the singles chart. The next year she released another album in Canada, Now is



#### Late 1990s

After moving to Los Angeles, Morissette got her big breakthrough with the release of 1995's Jagged Little Pill. It was an alt-rock project of deeply personal hits. She followed it up with the equally personal but less angsty album Supposed Former Infatuation Junkie.



Morissette has since released several albums, including Under Rug Swept, So-Called Chaos, Flavors of **Entanglement and Havoc** and Bright Lights. She also infamously hosted the Junos in a nude body suit.



In the 1999 comedy film Dogma Morissette appeared as God, a role she reprised for a cameo in 2001's Jay and Silent Bob Strike Back. Her other acting credits include Sex and the City and Curb Your Enthusiasm.









#### Now in theatres

#### ci-Fi & Fantasy/Romance



#### Cinderella

Director. Kenneth Branagh

Stars. Lily James, Cate Blanchett

Cate Blanchett stars in this new vision of the Cinderella tale from director Kenneth Branagh and the screenwriting team of Chris Weitz and Aline Brosh McKenna for Disney Pictures.

Rotten Tomatoes™ score **Critics:** 







#### The Second Best **Exotic Marigold** Hotel

Director. John Madden

Stars. Judi Dench, Maggie Smith

Now that The Best Exotic Marigold Hotel is full with its long-term residents, co-managers Muriel Donnelly (Maggie Smith) and Sonny Kapoor (Dev Patel) have a dream of expansion, and they've found just the place: The Second Best Exotic Marigold Hotel.

Rotten Tomatoes™ score

73% 🕂 89%



#### **Run All Night**

Director. Jaume Collet-Serra

Stars, Liam Neeson.

Liam Neeson reunites with Unknown director Jaume Collet-Serra for this Warner Bros. thriller following a mob hit-man and his estranged son (Joel Kinnaman) as they flee the wrath of a vengeful crime

Rotten Tomatoes™ score







#### Unfinished **Business**

Director. Ken Scott

Stars. Vince Vaughn, Dave Franco

A hard-working small business owner (Vince Vaughn) and his two associates (Tom Wilkinson, Dave Franco) travel to Europe to close the most important deal of their lives. But what began as a routine business trip goes off the rails in every

Rotten Tomatoes™ score Audience:



**노 12% 🛗 33%** 



Ratings: Certified Fresh: 👜 Fresh: 🌰 Rotten: 🧩 Audience response: 🍿 Audience anticipation for the film: 🕂

Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to Rotten Tomatoes.com



#### Chappie

Director. Neill Blomkamp

Stars. Hugh Jackman, Sharlto Copley

In the near future, crime is patrolled by an oppressive mechanized police force. But now, the people are fighting back. When one police droid, Chappie, is stolen and given new programming, he becomes the first robot with the ability to think and feel for himself.

Rotten Tomatoes<sup>™</sup> score

Critics:



#### **Focus**

Director. John Requa,

Stars. Will Smith, Rodrigo Santoro

A con artist (Will Smith) takes on an inexperi-enced apprentice in this crime comedy from the filmmaking ďuo behind Crazy Stupid Love: Glenn Ficarra and John Requa.

Rotten Tomatoes™ score Critics: **Audience:** 



**노** 55% 🝿 62%





### Lady Gaga's tribute makes Julie Andrews 'proud'

Julie Andrews says she's always been a fan of Lady Gaga, but after seeing the pop star perform a medley of songs from The Sound of Music at the Oscars, the stage and screen icon developed a new appreciation for the singer.

"She was just belting it out of the park, and I was so pleased and so proud, and I thought she did a wonderful job," Andrews said in a recent phone interview from New York.

If Gaga had any doubts

about her performance, they quickly dissipated as she was enveloped by rapturous applause — and a warm embrace from Andrews.

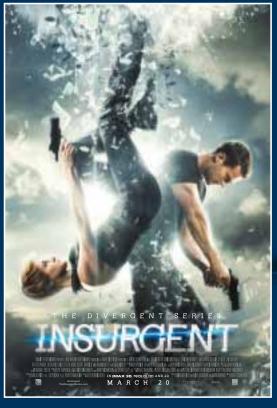
"I just said to her: 'You were terrific. You were marvellous," Andrews recalled of the tender

"Doing it meant a great deal to her because she says it was one of the hardest things she's ever done. She was understandably nervous, but she was so generous about it. And that's

the first time I met her face-toface. I'd been a fan, and now I've found a new friend."

The Sound of Music has been rebooted in recent years for both stage and television. But for legions of fans, Andrews' portrayal of Maria — a young nun who becomes governess to an Austrian widower's seven children - remains the definitive performance of the beloved Oscar-winning musical, which premiered in 1965.

THE ASSOCIATED PRESS



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metr⊕ metronews.ca WEEKEND, March 13-15, 2015

### Naomi Watts says taking on role in Divergent sequel was 'a little scary'

**Movies.** Veteran actress says a warm welcome by the young Insurgent cast calmed her fears

**EHRBAR** 

Joining an established franchise the second movie in can be daunting even for the most experienced of actresses, and for Naomi Watts becoming a part of The Divergent Series: Insurgent was no exception.

That can always be scary, the first day. When I arrived on the set, it was a little scary because this is a very well-oiled machine," Watts says. "I was just wildly impressed with how things were going and how fast they were moving and how disciplined all of these young actors were. When there's that many people, you can sometimes sense a little rivalry here, a few issues there, but they felt very connected and very collaborative.'

The centre of that warm fuzziness, apparently, was series star Shailene Woodley. "I remember when I first met Shailene I was just enveloped in this giant hug," Watts recalls. "It felt so warm and just relaxed me right away.

Watts co-stars as Evelyn, estranged mother of Four (Theo James) and leader of the outcast Factionless in the dystopian future of the Divergent world, but as an actress she honestly thought her actionpacked days were behind her. "I remember back in the day, when I was sort of at the very end of my ingenue days, being in King Kong and having to do quite a lot of physical stuff,



making the promise to myself that I would never do that again," she says with a laugh. "But now I'm an older woman - or a much more mature woman — and I don't have to do quite what Shailene has to go through. But we'll see about that for the next movie."

But while the action wasn't too involving for her — this go round, at least — there were some aspects to Evelyn that were tough to connect with, like the fact that she abandoned her son when he was very young.

That one was very hard to reconcile," Watts admits. But we know that she was going

through something that she felt was life-threatening and a great deal of abuse, and that was a survival choice that she had to make. But I couldn't imagine that anything could be so bad that my children would be left, but this is the world of storytelling.

Of course, while the Divergent franchise has been up and running already, Watts sees this as just the beginning for Evelyn. "It's a fun character because that's a complex thing to take on, the regret. But she's got drive, and she wants to fix the relationship, genuinely, I do think that," she says. "Perhaps there's some-

"That's a complex thing to take on, the regret ... she wants to fix the relationship, genuinely."

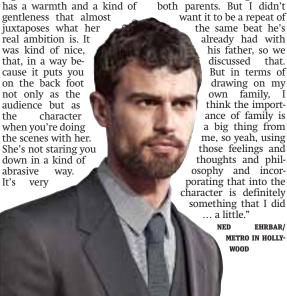
Naomi Watts, on her role as Four's

thing else going on as well, like she knows that both of (Woodley's and James') characters are going to help her achieve things. So it's hard to establish what her motives are in this movie. We've obviously explore that more in the next movie.'

### **Insurgent. Theo James'** awkward Four-letter word for onscreen mom: 'Babe'

Theo James has faced a lot of acting challenges over the course of his career, but nothing comes close to what he had to contend with once Naomi Watts was cast as his mother in Insurgent, the followup to Divergent. And it's not just their 16-year age difference.

"Firstly - which is interesting because she's playing my mom — she's a bit of a babe. I had to get past that," James admits. "But no, she's really interesting in this film because she has a very different energy. She's very calculating, but at the same time she has a warmth and a kind of gentleness that almost



loving and sweet but intense at the same time.'

That estranged motherson relationship echoes the troubled father-son relationship he played in the first film opposite Ray Stevenson. And James had absolutely zero life experience upon which to draw for either pairing.

"He has a not-great relationship with either of his parents, and luckily I have two good parents," he says. "That was one thing that was something that needed a little addressing when it came to the Naomi scenes. It is kind of the same, i.e., he's estranged from both parents. But I didn't

> the same beat he's already had with his father, so we discussed that. But in terms of drawing on my own family, I think the importance of family is a big thing from me, so yeah, using those feelings and thoughts and philosophy and incorporating that into the character is definitely something that I did ... a little."

> > METRO IN HOLLY-

wood

Then James GETTY IM



### You can't keep a good fighter down

**Interview.** Ex boxer **Evander Holyfield** holds no punches as he talks about his rise and fall and rise again in the world of professional sport

#### COLIN MCNEIL

Twenty years ago, Evander Holyfield was one of the baddest (and richest) dudes to ever grace the canvas of a boxing ring. A world-class pugilist who fought his way up from poverty, 'The Real Deal' had a killer knockout punch, and a bank account to match.

Fast-forward just a few years later, and this venerable practitioner of the Sweet Science was losing the fight against a different kind of opponent: rampant, unrestrained success.

Champs, a new documentary from filmmaker Bert Marcus (How to Make Money Selling Drugs), chronicles the out-of-the-ring financial and personal struggles of prize fighting legends Holyfield, Mike Tyson and Bernard Hopkins. It's the story of how money mismanagement and personal problems left some of boxing's biggest names down for the count.

So just how do you go from being a \$200-million king of the ring to broke? Metro spoke with The Real Deal to do a little verbal sparring and find out.

"I had a contract which al-

lowed me to make \$50,000 in my first (professional) fight," says Holyfield, "which was humungous because I was making \$8,000 a year, with three jobs. And so here I am, a person who fought for 12 years as an amateur for free. Now I'm getting paid to do something that I love doing already.'

That was just the beginning. At the height of his career, Holyfield's biggest fights were grossing anywhere from \$77 to \$100 million. He reportedly earned \$35 million for his rematch with Tyson (the infamous Bite Fight) alone.

"Having the money, and not knowing when to say 'no,' he says, was the problem. "Of course when I made all this money ... I wanted everybody to do well. I was willing to do what is necessary to help everybody."

With a generous heart, deep pockets and little knowledge of finance, Holyfield's millions didn't go the distance. "My mother said, 'Son, you cannot make nobody rich. You can give them an opportunity to be rich, but they got to do the work — or you'll go broke.' And unfortunately, you know what, that's what happened."

In 2012, Holyfield was forced to sell his 44,234-square-foot mansion and auction off some of his most prized possessions, including memorabilia from his 1984 Olympic bronze medal win, many of his championship title belts, and an array of fightused robes and gloves.

In the end, the one thing he was able to keep, says Holyfield, was his positive attitude.

"I didn't let people change



me from the attitude I had towards people. I had to think back to what I was brought up on and the word of God. And the only thing that I had to build my faith on was that the second half of my life would be better than my first half."

Holyfield continued to fight professionally until last year, when he officially retired at age 51. Nowadays, The Real Deal makes a living from paid speaking engagements. What keeps him going through it all? More advice from mom:

"She said, 'Son, if you're willing to work eight hours, then you have the opportunity to be your own man for the next 16 hours. But if you don't work the eight hours, somebody else is going to be telling you what to do for the next 16 hours."

Mayweather vs. Pacquiao

### Holyfield's take on the 'Fight of the Century'

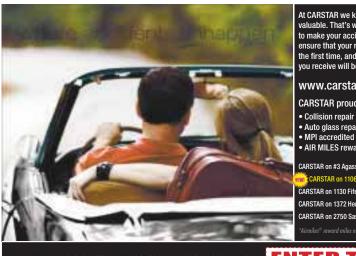
What does the five-time heavyweight champion think about the upcoming match between Floyd Mayweather Jr. and Manny Pacquiao?

"I think it's going to be an excellent fight. I really do."

And it's likely to go the distance, he says. No knockouts. "Both the guys are clever fighters, and one of them is a defensive fighter, which is Floyd.'

Holyfield adds, "The fact of the matter is, I think it'll be that chess match, that ultimate chess match. Unless somebody gets careless." COLIN MCNEIL/METRO



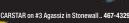


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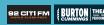


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### Disney breaks news on Frozen sequel, next Star Wars flick

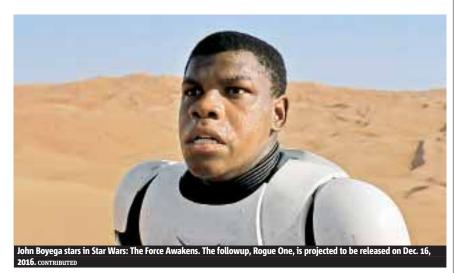
**Rogue One.** First film to go outside the primary Star Wars epic set to be released in 2016

The Walt Disney Co. on Thursday announced plans to make a sequel to the animated mega-hit Frozen, and revealed new details about the upcoming Star Wars reboot.

Frozen 2 had been widely expected for a film that has become a juggernaut for Disney. Since its release in November 2013, it has made nearly \$1.3 billion globally at the box office, generated a massive merchandising revenue stream and won the Academy Award for best animated feature.

Disney didn't announce any details on the sequel's plot or a release date, but said directors Jennifer Lee and Chris Buck will be returning.

Disney chairman and CEO



Bob Iger also announced at the shareholder meeting that the new Star Wars film will be called Rogue One and will be directed by Gareth Edwards (Godzilla).

The script will be written

by Oscar nominated Chris Weitz (About a Boy) and will feature Oscar nominated actress Felicity Jones (The Theory of Everything).

Rogue One will be the first film of the Star Wars

Franchise to explore stories outside the primary Star Wars epic. Initial filming is set to begin this summer in London. The film's projected release date is December 16, 2016. THE ASSOCIATED PRESS

### **Graphic novel.** Jonathan Coulton's modern princess

What started as a project to turn Internet music sensation Jonathan Coulton's music into a graphic novel has evolved into The Princess Who Saved Herself, a children's book that offers a modern take on the princess story.

Greg Pak, a well-known comic book writer behind the feature film Robot Stories and comics such as Storm and Batanan/Superman, is working on the new children's book along with the Japanese-Canadian artist Takeshi Miyazawa (who co-created the Marvel character Amadeus Cho with Pak) and American singersongwriter Coulton.

The resulting book, according to their Kickstarter page, "reinvents the princess myth for a new generation of proactive girls."

The team has a history of Kickstarter success: Their 2013 campaign to turn some of Coulter's songs into a graphic novel took \$340,270 on an initial goal of \$39,000, leading them to offer their backers a digital version of The Princess Who Saved Her-

#### 'An awesome kid'

The Princess Who Saved Herself is based on another of Coulton's songs, telling the story of "an awesome kid who lives with her pet snake and plays rock 'n roll all day to the huge annoyance of the classical guitarist witch who lives down the road. Hijinks, conflicts, and a fun reconciliation ensue, all showcasing determination, bravery, and understanding."

self as a thank you. The next step: To produce a hard copy.

The new campaign started with a goal of \$15,000 (as it's already been written, drawn, coloured and lettered, they just need to cover printing costs) and had hit more than \$22,000 after the first day of a 15-day campaign.

Indonesian comic book colourist Jessica Kholinne (X-Treme X-Men) and comic book letterer Simon Bowland (Marvel, Dynamite) also contributed to the book. AFP



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SCENE 25

### Motherhood inspired Kelly Clarkson on new album

### **Interview.** Pregnancy forced Clarkson to reflect on her own upbringing

Giving birth to her first child and watching her husband tend to their daughter made Kelly Clarkson realize how much her father wasn't around when she was growing up. "I think when you hold this

"I think when you hold this little human you've created, now I think I understand the depth of the loss I had not having a father figure growing up," she said in interview last week.

Clarkson, 32, and music manager Brandon Blackstock, are the parents of eight-monthold River Rose.

The Grammy winner, known for hits like Stronger and Since U Been Gone, sings about her father on the heartfelt, revealing Piece by Piece, the title track of her new album.

"And no offence to my father, you know, he is a product of his upbringing, like, I don't know what that was, but you know, I just think now that I have River, like holding her, I can't imagine walking away," she said.

In a recent interview, the original American Idol champion talked recording and revisiting her television days.

#### Was it difficult recording the title track because of the subject matter?

It wasn't hard recording Piece by Piece. It's proving to be harder singing live. ... It's not even the sad parts of it because I'm not there. I'm not in that place anymore, like where I'm sad about it. I'm in a very forgiving place about it and everybody's human. But I think I get really choked up because I just realize how lucky I am. ... And a lot of girls that grew up with their daddy issues and with not having that figure in their life, you know, take a very different road and I just feel lucky that I'm not that girl.

#### Was it different to record music during your pregnancy?

They re just hanging out on your diaphragm, jumping up and down. But also, just like emotionally, it's different. I told my husband I want to be pregnant the next time I make an album because ... everything is enhanced ... I've just become more of an enhanced

vessel for the lyric, you know? It becomes more emotional, more passionate and more vulnerable.

#### You've lived in Nashville, Tenn., for eight years. Have you thought about recording a country album?

I've done more than thought about doing a country album, I actually started making one. I love it. I love country music. And who knows? I love big band, too. I'd love to make a complete standards album.

#### Do you watch your old music videos or performances?

A fan tweeted me some video, a Throwback Thursday kind of thing, and I watched it. And then I went down the YouTube vortex of watching all my Idol things. And I was like, "How did I win?" It was so bad! I

was like so bad! I mean, every single performance. The only one I ended up liking actually was the big band one.

#### I'm sure they weren't all bad, were they?

It was just fun because it's been like 13 years. I was like, "I don't feel like I'm any different." Then I was like, "Whoa! It's like a big difference!"

THE ASSOCIATED PRESS

#### Details

Piece by Piece debuted at No. 1 on Billboard's 200 albums chart this week.

 While there are some serious tunes on the album, it also features upbeat jams, like the first single, Heartbeat Song.





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Lifestyle stress, a poor diet, pollution, lack of exercise can reduce the quality of good bacteria in our intestines. This can lead to many problems including poor digestion, decreased immunity, and an inability to properly combat diseases. Most of the beneficial bacteria we would obtain from fresh Fruits, Vegetables, and Milk Products are removed in modern food preparation.

Probiotics are used to prevent diarrhea, gas and cramping. They also help prevent infections in the digestive tract and help control the immune response. Probiotics increase the colony size of the gut's natural flora, and more people are including them in their diet to promote good health. You will benefit, as it becomes easier to digest food, which provides a more efficient influx of energy and protein. Probiotics also boost the immune system, so those who work out regularly can train harder and recuperate quicker.

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- Green Food Supplements (Progressive-Vege Greens, North Naturals-Daily Greens)
- Probiotic Capsules (Progressive HCP 30 or 70)
- Digestive Enzyme



### Disney gives Lily James the slipper and Downton star finesses the fit

#### Fairy-tale remake.

Actress dishes on how reading for the stepsister turned into her Cinderella moment



RICHARD CROUSE Metro

The glass slipper fitting on Cinderella's foot is at the core of the magic of the fairy tale. It is a plot point that cannot be removed. If you do the whole story falls apart.

Real life is different.

Lily James, star of the new Disney live-action remake of the Brothers Grimm tale, says the Swarovski slipper she "wears" in the film didn't fit.

"That is my English humour," she says. "It didn't fit anyone. It wasn't that they just got the size wrong. It's Swarovski Crystal so it would have broken. They had to CGI it onto my foot, which was a bit of a shame."

The Downton Abbey star — she plays the rebellious Lady Rose on the hit show — is about to have her name intrinsically connected with the Disney princess, but at the audition she had her eye on another role.

"When you get the casting call for something they pick what part you're going to go for and they wanted me for (stepsister) Anastasia," she says. "I remember I wore this pink tie-dyed jumper that the casting director told me to burn. But I had blonde hair because of Downton and they said I should read for Ella.



#### First-sight butterflies

metronews.ca WEEKEND, March 13-15, 2015

Her first day on set she shot one of the film's key scenes, the "love-at-first-sight" meeting between Cinderella and Prince Charming, played by Game of Thrones actor Richard Madden.

- "Ken said, 'How do you feel about shooting that scene first?' Richard and I didn't really know each other and Ken caught that nervous energy, that getting-to-know-you, butterflies-in-your-stomach thing."
- "He caught it on camera and I think that was smart. It kind of sets up the whole movie. It feels in that moment that Ella is very strong."

"I was kind of up for playing the off-centre part; the quirkier, funnier part. I paced the corridor for about 20 minutes and the breakdown of the part that Ken (Branagh) had given me kind of struck me. It said she had a generous spirit and a generous nature and an open heart and I think because I didn't have time to over think I just went in and just read it. I think I was much better for it."

So how will Downton Abbey fans react to seeing her familiar face as Cinderella?

"I hope lovingly," she laughs. "I didn't think there were many similarities, but some people have said they think are. I watched the film and in the first scene I thought, 'Oh no! I'm playing Rose.' Then thankfully I shed it "

#### Movie. Miss Julie character drives Jessica Chastain to edge



It was the last day of rehearsal before cameras rolled on the film Miss Julie and Jessica Chastain couldn't go on.

Getting into the mindset of the melancholic title character was taking its toll on the two-time Oscar nominee. Director Liv Ullmann decided not to make her go through rehearsal for a particularly agonizing scene involving a pet bird.

"I came into rehearsal and I was feeling really depressed and down," Chastain recalled in a telephone interview. "Liv saw that, and the incredible thing about working with a director as sensitive as she is, is then she goes, 'You know what? Let's stop.'

"That, I was very grateful for."

Ullmann, known as one of Swedish director Ingmar Bergman's actress muses, adapted the story from the 1888 August Strindberg

Chastain, 37, plays the daughter of an Anglo-Irish aristocrat who instigates an emotionally draining battle of power and intimacy with

a valet named John (Colin Farrell) at their estate while her father is away.

Chastain said Miss Julie is one of her favourite plays and she studied it at the Juilliard School in New York City

The result is yet another critically heralded performance from Chastain, who got Oscar nominations for her supporting role in 2011's The Help and for her leading role in 2013's Zero Dark Thirty.

Miss Julie hits theatres on Friday. THE CANADIAN PRESS **Liquid Assets** 

#### **Appreciating** Guinness



LIQUID ASSETS

Sometimes you take a sip of something, most often when you're just exploring your palate preferences, and carry that experience with you for the rest of your life.

Ireland's Guinness is one of those somethings.

Polarizing to a fault, Guinness comes across black and brooding when you take your first sip. It's only after a few pints that you gain an appreciation for its creamy, dark brown goodness.

As the official tipple of St. Patrick's Day, gallons of the stuff with be drunk on March 17.

If you're still leery of all it has to offer, try the Guinness Pub Draught (4 x 440 ml, \$11.99 - \$12.75).

It uses a bladder system inside its bottles and cans to simulate a fresh-from-thetap pour that I guarantee will erase any negative memories of your first time with the brew.

Shake things up by combining half a champagne flute of bubbly with an equal portion of Guinness



to create a vet. **PRICES** REFLECT THE RANGE ACROSS THE COUNTRY. SOME PROD UCTS MAY NOT **BE AVAILABLE** IN ALL PROV-

Ricardo is a Canadian chef, television host and author on a mission: To unite people through the pleasure of food. Discover his delicious and simple recipes every Friday — just in time for the weekend

# Bring the Spice Route to your kitchen

**Dinner.** This Chicken Tikka recipe was inspired by the staple flavours of India



RICARDO COOKS Ricardo Magaz

Want to delve a little deeper into exotic flavours? Add this takeout favourite to your to-

- 1 tsp green cardamom, opened (retain only the small beads inside)
- 1 tsp cumin seeds
- 1 tsp coriander seeds
- 1 tsp black peppercorns
- 1 tsp whole cloves 1 cinnamon stick or 1 tsp.
- ground cinnamon • 1/4 tsp ground nutmeg
- Marinade
- 1/2 cup (125 ml) plain yogurt
- 1 onion, chopped
- 3 cloves garlic, crushed • 2 tbsp garam masala
- 2 tbsp freshly squeezed lemon
- 1 tsp (5 ml) grated lemon zest
- 1 tbsp fresh ginger, grated
- 1 tsp salt
- 12 skinless and honeless chicken thighs or 6 skinless and boneless chicken breasts



You can also prepare the Chicken Tikka on skewers. To do this, cut the chicken into small pieces before marinating. Soak wooden skewers in water for 15 minutes before you thread the pieces of chicken. Grill or bake for about 10 minutes in the middle of a 400 F (200 C) oven.

#### Garam Masala

spices over high heat for 1 minute. Let cool, then finely grind with a mortar or a coffee grinder. Set aside.

#### Marinade

1. In a bowl, combine all the ingredients. Place the chicken in the marinade and coat well. Allow to marinate in the refrigerator for 5 hours

**1.** In a large skillet, toast the **2.** Preheat grill to medium heat

or the oven to 400 F (200 C).

**3.** Lightly score the skin of each piece of chicken with a sharp knife. Grill or bake in the middle of the oven for about 25 minutes, turning chicken occasionally, until cooked and lightly browned. FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S ENGLISH EDITION, WHICH LAUNCHED IN 2014.

### SPRING BREAK!

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28 SPORTS metronews.ca WEEKEND, March 13-15, 2015



The Panthers' Derek MacKenzie, left, and the Jets' Anthony Peluso battle for the puck on Thursday in Sunrise, Fla. 1 PAT CARTER/THE ASSOCIATED PRESS

# Panthers scratch out win over Jets

NHL. Winnipeg loses for the third time in its past four games

Aleksander Barkov scored the go-ahead goal late in the third period, lifting the Florida Panthers over the Winnipeg Jets 4-2 on Thursday night.

Brad Boyes and Derek Mackenzie also scored for Florida and Nick Bjugstad added an empty-netter with 46 seconds left. Dan Ellis



made 18 saves for the Panthers in his third consecutive start in place of the injured Roberto Luongo. Luongo is day-to-day with an upperbody injury sustained on

March 3 against the Toronto Maple Leafs.

Jonathan Huberdeau and Jaromir Jagr each had two assists.

Ellis took a knee from Andrew Ladd to his left side after Ladd was pushed into him at 18:44 of the third. Ellis was down on the ice briefly but stayed in the game.

Drew Stafford and Mark Scheifele scored for the Jets and Michael Hutchinson stopped 17 shots.

The Panthers won their second consecutive game and

have recorded at least one point in the past three games with Ellis in goal.

The Panthers remain six points behind the Boston Bruins for the final playoff spot in the Eastern Conference. The Bruins won 3-2 in a shootout against the Tampa Bay Lightning earlier on Thursday night.

The Jets have lost three of their past four games.

Jets defenceman Tyler Myers left the game with an upper-body injury and did not return. The ASSOCIATED PRESS

OHL

#### McDavid shifts focus to playoffs

Connor McDavid shrugged off an injury scare and the end of his 27-game point streak. His focus is already on the OHL playoffs.

on the OHL playoffs.

McDavid took a puck
to his right hand, the
same one he broke in
November, and was held
scoreless Wednesday
night in the Erie Otters'
3-0 victory over the Niagara IceDogs.

After icing his hand on the bench and not missing a shift, McDavid practised Thursday and described it as "a little sore, but all right." Coach Kris Knoblauch said McDavid looked to be showing no ill effects on the ice.

That's good news for whichever NHL team wins the lottery for the chance to pick McDavid first in June's draft, and for the Otters with the start of the playoffs two weeks away. THE CANADIAN PRESS

NHL

#### Hammond stays hot for Senators

Erik Karlsson scored twice and goalie Andrew Hammond remained unbeaten in regulation time as the Ottawa Senators downed the Montreal Canadiens 5-2 on Thursday night.

Eric Condra, Mark Stone and Marc Methot also scored for Ottawa (31-24-11), which has won nine of 11 games to keep its playoff homes alive. Hammond is 8-0-1 during that stretch.

Max Pacioretty scored twice for Montreal (42-19-7), which has one win in its last four games.

THE CANADIAN PRESS

#### Where there's a Will, there's a charity payday

Telling everyone "I'm a five-tool guy," Will Ferrell was off on his barnstorming tour Thursday through five Arizona spring training games.

Wearing No. 19, first for Oakland and then for visiting Seattle, the star of Anchorman, Elf and many other movies played shortstop for the Oakland Athletics, second base for the Seattle Mariners, centre field for the Los Angeles Angels and first base for the Chicago Cubs.

As a surprise, he pinch hit, rather unsuccessfully, for the

Cubs and spent a little time as their third base coach, holding up signs, one of which said, "Remember These Games Don't Count."

Then it was off to Scottsdale, for the Cincinnati Reds vs. the Arizona Diamondbacks.

The comedian planned to play for 10 teams in five spring training games, playing every position along the way. His police escorted caravan was to drive to his first three stops, then he was to take a helicopter from the Diamondbacks' spring home in Scottsdale to

the Chicago White Sox's field in Glendale.

And it was all for a good cause, he said.

Before his odyssey began, Ferrell told a radio interviewer that he expected to raise \$1 million to be used for college scholarships for cancer survivors. The entire tour was being chronicled by HBO for an upcoming special. Memorabilia from his journey is to be sold at auction on MLB.com with proceeds going to Cancer for College and Stand Up to Cancer. THE ASSOCIATED PRESS



Athletics third basemen Brett Lawrie, from Langley, B.C., runs off the field with actor Will Ferrell. MATT YORK/THE ASSOCIATED PRESS

metronews.ca
WEEKEND, March 13-15, 2015

SPORTS 29



#### No Riddle behind Mike's gold

Edmonton's Mike Riddle skied to a gold medal in the halfpipe on Thursday in Tignes, France. Riddle, from Edmonton, captured the men's gold with 95.00 points. Americans David Wise (94.20) and Alex Ferreira (87.40) took silver and bronze respectively. Fellow Canadian Cassie Sharpe, from Comox, B.C., finished first on the women's side with a score of 93.80. GETTY IMAGES

#### Tennis

#### Williams to end tournament boycott

Serena Williams returned to the BNP Paribas Open on Thursday, ending a 14-year personal boycott of the tournament that began when she was booed as a teenager on her way to winning the title in 2001.

Top-ranked Williams took questions for 10 minutes a day before her first match.

She never thought she would return to the two-week tournament in the Southern California desert. She even stayed in Los Angeles an extra day because she wasn't

yet ready to start the journey.

"I was a little nervous to come out here," she said. "In the beginning, I was like, 'What was I thinking?' I kind of had to overcome that hurdle." In 2001, she was just 19 and matches between Serena and older sister Venus were still a novelty. Fans were tantalized by the prospect of two siblings duelling in a semifinal. When Venus pulled out of the match 20 minutes before the start with tendinitis, boos rained down on stadium court, startling Serena. She was offended by later accusations that the sisters' matches were fixed by Richard

THE ASSOCIATED PRESS

### Jones and team close in on curling history

Rare trifecta. With an Olympic and Canadian title under her belt, the relentless talent can now add a world title to her resumé

Jennifer Jones didn't let up after winning her first Olympic women's curling title last year in Sochi.

She has been in peak form throughout the current campaign and recently added her fifth career Scotties Tournament of Hearts title to her stacked resumé. Next up for Jones and her Winnipeg teammates: a shot at Canadian curling history.

Jones has a chance to become the first reigning Olympic champion to win Canadian and world championships the following season. She'll go for the rare trifecta at the world women's curling championship, which kicks off Saturday in Sapporo, Japan.

"I haven't really thought of that, but I just honestly pinch myself," Jones said in a recent interview. "I can't believe all of the success that we've had. We worked so hard and to have it all come to fruition, it's just unbelievable. To have the honour to represent Canada at the



Jennifer Jones is on a super hot streak since winning gold in Sochi last year. She'll try to keep up her run of dominance when the women's world championship gets underway this weekend in Sapporo, Japan. CLIVE MASON/GETTY IMAGES

world championship is just truly special and we're so honoured."

Jones and her team of lead Dawn McEwen, second Jill Officer and third Kaitlyn Lawes did not compete at last year's national playdowns as they overlapped with the Winter Olympics. Ottawa's Rachel Homan won the 2014 Scotties and then took silver at the world championship after losing to Switzerland's Binia Feltscher in the final.

A Canadian team hasn't won gold at the women's worlds since Jones took the 2008 title with Cathy Overton-Clapham at third. Lawes replaced Overton-Clapham in 2010.

The late Sandra Schmirler was the only other Canadian women's skip to hold all three titles at the same time. She won national and world championships in 1997 before winning Olympic gold at the Nagano Games the following year.

Jones will have some stiff competition at the 12-team event at the 2,321-seat Tsukisamu Gymnasium. Russian veteran Anna Sidorova is back and Sweden will again be skipped by four-time world silver medallist Margaretha Sigfridsson. Eve Muirhead, who beat Homan en route to a world title in 2013, will lead the Scotland entry.

Alina Paetz will handle skipping duties for Switzerland this year. She won a world championship as Mirjam Ott's alternate in 2012.

"It's a tremendous field with so many of the teams from the Olympics," Jones said. "So we're expecting it to be very tough and we know that we're going to have to play our very best in order to make it to the playoffs." THE CANADIAN PRESS

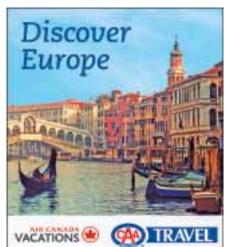
#### Quoted

"I can't believe all of the success that we've had. We worked so hard and to have it all come to fruition, it's just unbelievable.

lennifer lones



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WEEKEND, March 13-15, 2015



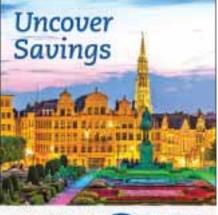
#### Conceptis Sudoku by Dave Green

#### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku												
8	2	9	4	6	5	7	1	3				
6	3	7	9	1	8	4	5	2				
4	5	1	7	2	3	9	8	6				
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7	8	3	2	5	4	6	9	1				
9	1	4	8	3	6	2	7	5				
5	6	2	1	9	7	8	3	4				

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#### **Horoscopes by Sally Brompton**

#### **↑** Aries

March 21 - April 20

The universe is pointing you in a particular direction and if you are smart you will go that way. Being an Aries you are as likely to go in the opposite direction just to be different.

#### Taurus

April 21 - May 21

What you expect to happen today and over the weekend most likely won't, while what you don't expect to happen most likely will. In which case there is no point making plans as they are certain to change.

#### II Gemini

May 22 - June 21

Mercury, planet of the mind, moves into the career area of your chart today and that means the more you think ahead the more success you will enjoy later in the year.

#### **9** Cancer

June 22 - July 23

You have strong opinions about certain issues and today's events will confirm they are spot on. But don't use that as an excuse not to look at new ideas, because life never stands still and neither should you.

#### $\Omega$ Leo

July 24 - Aug. 23

Flattery will get you everywhere today — you know what to say to influence people in positions of power. You also know the right thing to say to ignite passion in the one you love. Will you have time for both?

#### W Virgo Aug. 24 - Sept. 23

What you say next is not as important as the way you say it. You may intend your remarks to be helpful but if your words are harsh others may think you are being critical for no reason.

#### **△** Libra

Sept. 24 - Oct. 23

Common sense should tell you that certain routines are not working as well as they should and what happens over the next few days will surely confirm that. Look for ways to update how you do things.

#### **M** Scorpio

Oct. 24 - Nov. 22

Mercury moves into the most dynamic area of your chart today, making it easy for you to make changes you want to make, as opposed to changes that others want you to make.

#### Sagittarius

ov. 23 - Dec. 21

What you choose to do today may annoy some but don't let that stop you. You have done plenty of things to please them in the past and now you will do something to please yourself.

#### **10** Capricorn

Dec. 22 - Jan. 20

Others may be impressed by your self-confidence. What they don't know is that it's an act and you don't feel that confident. Mercury's change of signs today will give your self-belief a boost.

#### **≫ Aquarius**

Jan. 21 - Feb. 19

Happiness comes from wanting what you have, not having what you want. You have more than enough to satisfy your basic needs. Be thankful.

#### **H** Pisces

Feb. 20 - March 20

Mind planet Mercury moves into your sign today, making it so much easier to decide what it is you want and what you are willing to do to get it. Never doubt that your desires are valid — and never stop looking for ways to meet them.

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#### AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



#### esterday's Crossword'

'G	R	1	'M	M		°s	'n	° D	°E	"b		"L	12	13 <sub>M</sub>
"N	1	0	В	Е		"A	M	E	N	U		15 <sub>A</sub>	N	0
"A	L	Т	Α	R		"L	E	G	0	F		19p	A	P
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See today's answers at metronews.ca/answers



#### Across

- 1. What the symbol #
- 16. Teacup part
- 18. "There is
- Shakespeare
- 20. Accompanying 21. Written by #4-
- one hit song of 1940 is famously sung by #41-Across: "I'll Never
- 25. Pre-Ford
- President's mono-
- 26. Musical compos-
- 36. Rich money amt.
- 39. "Bye!" in Britain
- 41. Legendary singer
- 44. Poet's 'through-
- 45. Little
- 47. Forbids 48. "It takes
- 51. Nova Scotia's

- means in music 6. Grate
- 11. Shortened alias signifier
- 14. "Madagascar" (2005) creature 15. Surface- -
- missile
- 17. Winged
- the affairs of men." -
- 19. Lamb's mommy
- Down, this number
- 23. Gardening supply
- 24. Full amt.
- gram
- itions
- 29. Apartment
- 33. Released the lava!
- 38. Hide Hair link
- Frank
- out'
- tango."

- provincial bird 53. Fountain's filling
- 55. Behold 56. Book leaf side 60. Nickname for
- #41-Across: 3 wds. 64. Approximate calculation
- 65. Campaigner, e.g. 66. Growl
- 67. Clicked-on com-
- puter thingies 68. Candle-blower's number
- 69. Hawk's habitation, variantly
- 70. Wooden shoe
- 71. Volume selection 72. Soup alternative
- 73. Supplications Down
- 1. Deli side orders
- 2. Prefix meaning 'Sun'
- 3. Violin of Cremona in Italy
- 4. Trailblazing Canadian songwriter (More at #21-Across and #10-Down!): 2
- wds. 5. Before
- 6. John of "Full
- House"
- 7. Product flying off store shelves: 2 wds.
- 8. Racetrack fence 9. Canada's largest duck
- 10. Song by #4-Down (co-written with Paul Mann and Stephan Weiss) that #41-Across recorded

- and which was played at his funeral: "Put Your Away (For Another Day)"
- 11. Region
- 12. Fuzzy on the outside/Green on the inside fruit
- 13. "Indeed!"
- 21. Rehearsal spot
- 22. Antelope with
- ox-like horns
- 27. For every
- 28. Fam. member
- 30. Go \_\_ detail 31. Ripped
- 32. Chapters in history
- 33. Glaswegian 34. "I'm bushed!"
- 35. Architect Mr.
- Saarinen
- 37. Books: French 40. Gold, in Spain
- 42. Before-a-maiden-
- name word
- 43. Not-of-the-
- average 46. Ancient empire of
- Mesopotamia
- 49. Poetry contraction
- 50. Crosses to bear
- 52. Did potato work
- 54. Country in Africa
- 57. Sun-dried brick 58. Setting of CBS
- soap "The Young and
- the Restless", \_\_ City 59. Wests opposites
- 60. Iridescent gem 61. Company symbol
- 62. Gusted
- 63. British peer
- 67. Web connector, briefly



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